

KIDS on the MOVE at CKE Winter 2005 - 2006

CHILDREN'S HOLISTIC HEALTH, FITNESS & CREATIVE EXPRESSION CLASSES

Small Therapeutic Classes (3 – 8 students)
All types of learners/movers are welcome; each child's gifts will be celebrated
Classes begin on a rolling basis. Other times may be requested.

TODDLING TOGETHER CLASS - Martha Eddy, RSMT, Ed.D.

Parents and Toddler Movement Interaction and Developmental Support Group

Mondays - Monthly - Dec 5th/January 9

1– 2:15PM

CHI KUNG FOR KIDS - Laura Shapiro

Creative movement using imagery from nature including animals and the seasons

Wednesdays

2:30 – 3:15 Younger kids 3:15 - 4PM: 6 – 12 yrs

YOGA ABC's FOR CHILDREN - Marcia Monroe

Aligning Balancing and Centering with concepts from BodyMind Centering

Thursdays

4- 4:45PM 4 – 6 yrs. 4:45 – 5:30PM 7 – 12 yrs. 5:30PM – 6:30PM 13 – 17 yrs. (includes scoliosis awareness)

TUMMY TIME CLASS FOR INFANTS AND CAREGIVERS - Lauree Wise, OTR

Enjoy learning and supporting infant development by observing and interacting with your babies guided by a professional

Fridays 10:00-11:00AM

\$120 per 4 class series/Discount: \$200 for 8 week commitment. \$35 single - by request. Partial scholarships available.

Inquire about DEVELOPMENTAL MOVEMENT THERAPY GROUPS
We set up groups for 2 – 3 children in the same age group with similar goals.
Capoeira and Pilates also available by Request