

Summer Classes at CKE: Children, Vision, and Movement

Infant-Toddler check-ins:

Monday, June 28th 10:30am

Monday, July 19th 10:30am

Monday, Aug 16th 10:30am

Sessions are \$35 each or \$100 for all 3. We finish up between 11:30 and noon depending on the children's needs!

Eye Relaxation/Yoga – Eye Openers:

Monday, June 28th

Monday, August 16th

5-6pm \$20 or bring a friend and pay \$30 for 2 people

BodyMind Dancing

Friday June 25 at 2:45 – 4:15 (\$20)

Monday June 28 at 9:30 – 10:30 (\$12)

Thursday July 14 at 4:30 – 6 (\$20)

Phone reservation required by prior day. To RSVP email to info@wellnessCKE.net or call 212-414-2921. Learn more about CKE by visiting www.WellnessCKE.net

All classes take place at the Center for Kinesthetic Education except where otherwise noted. Season restarts in September. Small group and private sessions are available by appointment throughout the year.

Ask us about Boys Fitness, Back to Summer Camp, and other children's offerings throughout the summer and year. Training for professionals and parents: July 16–28.

Dr Martha Eddy - Developmental Movement Therapist

Director Center for Kinesthetic Education

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www.wellnessCKE.net

The Center for
Kinesthetic Education 