



Boy's Teen Fitness

Get Fit & Practice Communication Skills for Self-Assertion.

AT THE
CENTER FOR KINESTHETIC EDUCATION
49 West 27th Street, Suite Mezzanine B New York NY 10001

1 Awesome Session! \$75
Bring a friend (2 kids for \$130)
Wednesday, June 23rd 2010
Time: 3:30- 5:45pm
Boy's Teen Fitness 10-17 years old

- ❖ Strengthen the back and core
- ❖ Learn exercises for home
- ❖ Great for teens (and pre-teens) with Low Tone or Scoliosis
- ❖ Includes communication skills, and anger management

Stand Tall & Strong!! Move with Strength.

Led by Dr. Martha Eddy and Eric Schreiber
Ask about Follow-up Groups or Private Sessions throughout the Summer

For more information or to register please call **212-414-2921** or email
info@wellnessCKE.net

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