

MARTHA EDDY, CMA, RSMT, Ed.D.

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EDUCATION

- 1998 **TEACHERS COLLEGE:** Movement Sciences and Education
Ed.D. in Curriculum and Teaching in Movement Education
Mentor: William Anderson, PhD
- 1985 **COLUMBIA UNIVERSITY:** M.A. in Applied Physiology
Mentor: Bernard Gutin, PhD
- 1984 **SCHOOL FOR BODY-MIND CENTERING**
Certified Teacher and Practitioner/Registered Somatic Movement Therapist
Mentor: Bonnie Bainbridge Cohen, OTR
- 1981 **LABAN/BARTENIEFF INSTITUTE FOR MOVEMENT STUDIES (LIMS)**
Certified Movement Analyst (CMA)
Mentors: Irmgard Bartenieff PT, Fran Parker, Virginia Reed DTR
- 1979 **HAMPSHIRE COLLEGE**
B.A. in Dance Education (Working with Special Needs Adolescents)
Mentors: Francia McClellan/Tara Stepenberg, Jill Lewis, Margaret Cerullo

ADJUNCT PROFESSORSHIPS IN HIGHER EDUCATION

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|-----------|--|----------------|
| 2005– | State University of New York/Empire State College | New York City |
| 2008–10 | Barnard College (Adj. Associate Professor) | New York City |
| 1992–2001 | Columbia University/Teachers College | New York City |
| 1995–97 | San Francisco State University | San Francisco |
| 1990–92 | Antioch New England Graduate School | Keene, NH |
| 1989-90 | Connecticut College (Full-time Assistant Professor) | New London, CT |
| 1990, 12 | Hampshire College | Amherst, MA |
| 1988–91 | New School for Social Research | New York City |
| 1984–88 | New York University | New York City |

PROFESSIONAL DANCE EDUCATION

Modern Dance:

1994–13 Contemporary: Chris Aiken, Sandra Stone, Linda Tarnay, Mindy Upin, Katiti King
1968–89 Graham: Mary Hinkson, Betram Ross, Diane Grey, Kazuko Hirabyashi
1971–90 Limon: Lenore Latimer, Daniel Lewis, Maris Wolff, Laura Glenn, Jennifer Scanlon
1975–82 Hawkins: Nancy Meehan, Susan Waltner
1978–83 Cunningham: Sandra Neel, Mel Wong

African derived:

1967–13 Rod Rodgers, Chuck Davis, Titos Sampos, Edwina Lee Tyler, Pearl Primus, Jacquie Barnes, Jawole Willa Jo Zollar, Joneeba™

Authentic Movement:

1975–78 Levy (supervised by Adler)
2000–2010 Aileen Crow, Nancy Zendora, Amanda Williamson, on-going practice

Ballet:

1978–08 Gemze deLappe, Hannah Wiley, Collette Barry, Ernie Pagnano, Rosalind deMille, Beth Goheen, David Fernandez, Kathy Sullivan.

Composition:

1972–90 James Waring, Laura Foreman, Art Bauman, Robert Ellis Dunn

Contact Improvisation:

1976–10 Steve Paxton, Nancy Stark-Smith; Andrew Harwood, KJ Holmes, K Simson

Folk:

1967–72 Fred Berk, Delilah Zuck

EMPLOYMENT

- 1999–** **Founder and Director, Moving For Life Dance Exercise for Health®**
Provides classes in cancer recovery in major hospital and cancer centers. Teacher training: NY, Denmark, Vancouver Canada, and Columbus, Ohio
- 2005–** **Founder and Director, Center for Kinesthetic Education** – New York, NY
Dance/Fitness/Movement/Kinesthetic programming for people throughout the lifespan.
- 1995-** **Director of Community Outreach Moving On Center** – School of Participatory Arts & Somatic Studies New York, NY
- 1982-** **Somatic Movement Therapist** (Registered in 1988) working with a wide range of motor, learning and physiological challenges

ARTS EVALUATION

- 2001 Alvin Ailey Dance Camp. Evaluation and Staff Development.
 2002–03 Music and Arts for Humanities. Programmatic Evaluation and
 Recommendations for their Performing Arts programming
 1999 The Trinity School: K – 12 Dance Education Curricula

CURRICULAR CONSULTING, DESIGN, AND PUBLICATION

- 2010– **BalletMet** NeuroMotor Assessment Rubric for Pre-schoolers. Research related.
 2010– **Sub-speciality in Somatic Studies for International University of Professional
 Studies** for Somatic & Spiritual Psychology masters and doctoral program.
 Doctoral Advisor
 2010– **Certificate in Somatic Movement** – non-matriculated students graduate program
 at SUNY (see below).
 2007-11 **Learning Diversity Project** – Neuromotor Assessment of Children and Program
 Implementation with Schoolwide Staff
 2007 **Dynamic Embodiment Somatic Movement Education and Therapy**
 Courses designed for study toward a *Masters in Liberal Studies* for State
 University of New York (SUN) - Empire State College (ESC) and undergraduate
 studies through the Performing Arts or Health domains.
 2006 **St Barnabas Hospital Obesity Prevention Research Team** Review of Media
 Smart& DanceDanceRevolution curricular materials. Proposed edits for grades
 3–7 in-school program.
 2002-05 **Peaceful Play Programming** Working with School Administrators and Staff to
 establish creative, productive conflict resolution and arts based recess programs.
 1995 **Revised Curriculum In Qualitative Analysis of Movement/Dance Research
 Course:** Laban Movement Analysis as a Tool for Movement Research. San
 Francisco State University.
 1992 **Springfield College.** Dance Department. Advised development of new courses,
 minor and major in dance science and somatics.
 1990 Dynamic Embodiment ***Somatic Movement Therapy Training*** (1st–4th Ed.)
 approved by the International Somatic Movement Education and Therapy
 Association. Embedded within performing arts program at Moving On Center.

FESTIVALS, RESIDENCIES AND MASTER TEACHER TOURS (partial list)

Classes Developed and Taught by M. Eddy in the AMERICAS & EUROPE:

- 2012 NeuroMotor Processes in Dance, Education, and Health. Javeriana University, Bogota
 2012 Eurolab. Advanced classes in Somatic Education, Somatic Dance, and Vision.
 2012 The Family as Resource in Conflict and Trauma. Hamburg, Germany
 2012 Somatic Approaches to Working with Children with Special Needs. Vancouver BC
 2012 Advanced Somatic Hands-on Training. Vancouver, BC
 2011 NeuroMotor Processes in Special Needs Children. Hamburg, Germany.

- 2010 Waking Up to Self – Dynamic Embodiment™ Javeriana Univerity, Bogota
 2009 Dancing Development. Eurolab Graduate Studies. Berlin, Germany.
 2008 Cenida-Danza. BodyMind Dancing© and its Pedagogy. Mexico City, Mexico.
 2007 University of Central Lancashire. Somatic Dance Improvisations. Preston, England.
 2004 Comparing and Contrasting Tai Chi Do with Somatic Dance. Taipei, Taiwan.
 2002 Encuentro Laban. Pre-Conference Dance Residency. CECA. Rio DeJaniero.
 2000 University of Calgary: Master dance Class. Calgary, Canada.
 2001 Institute of Somatic Studies. BodyMind Centering Workshop. Amsterdam, Netherlands.
 1999 Moving Arts: Dancing with the Elements. Cologne, Germany
 1998 Toronto ISMETA: Somatic Movement Theory in Performance, Health, and Education
 1994 Theatre School Dance Expressie – Amsterdam: two-week residency
 Improvisation on the Developmental Theme & KMP/BMC update for CMAs: Den Haag
 1993 Werkstatt; Lahr Germany: Intro to Laban Bartenieff Studies.
 1992 Alberta Teachers' Convention – Calgary: Dance in Interdisciplinary Education
 University of Edmonton – one week residency for teens; professional classes for
 movement educators.
 1991 The Western Front, Vancouver: Body-Mind Dancing©
 1992 Tanz Fabrik – Berlin: Body-Mind Dancing©
 1990 Tanz Fabrik – Berlin: Body-Mind Dancing© and Intro to BodyMind Cenetering.
 1989 Perron II – Amsterdam: Dance and Somatic Training.
 1989 Pajazzo – Italy: Dance in Theater.
 1988 Ballet Atalier – Zurich: Body-Mind Dancing©.
 1987 EDAM – Vancouver: Performance States.
 1986 EDAM – Vancouver: Dance and Body-Mind Centering®.
 1985 TIDE – Toronto: Body Mind Dancing; Moving the Endocrine System.

UNITED STATES:

- 2012 Fort Wayne Indiana Dance Collective Residency (Dance for Disabilities workshops)
 2012 Five College Dance Residency. Hampshire College, UMASS. Fall 2012
 2012 University of Georgia – Athens. “BodyMind Dancing & More.” Spring 2012.
 2011 Somatic Approaches to Working with Children with Special Needs. Minn, MN
 2010 Seattle Festival of Dance Improvisation. Seattle, WA.
 2001 High School of the Arts. Columbus, Ohio.
 1999 Movement as Teacher. Charlottesville, VA
 1998 Dancers’ Group, San Francisco: Presence in Performance
 1997 School for Body-Mind Centering: BMC Approaches to Dance Injury
 1996 Dancers’ Group, San Francisco: Feet First
 1997 Outfall Dance Festival, CA: Exploring the Moving Mind
 1996 Mount Madonna Center, CA
 1994 School for Body-Mind Centering: Teaching Movement Using BMC principles
 1993 Maryland Choreographers Showcase: Adjudication and workshop (Co-taught
 with Robert Ellis Dunn)
 1992 Bates Summer Dance Festival: BMC Theory; Body-Mind Dancing
 1991 Bates Summer Dance Festival: Laban Theory; Body-Mind Dancing
 1990 White Mountain Dance Festival: Performance Lab, Technique, & Repetory
 1989 American Dance Festival: Vision & Movement (with Martha Myers and Glenna Batson)
 1989 White Mountain Dance Festival: Dancer's Lab & Technique
 1988 Alverno Dance Festival:Composition & Somatic Practices (R.E.Dunn)
 1987 Alverno Dance Festival:Composition & Somatic Practices (R.E.Dunn)

SCHOLARLY AND PROFESSIONAL PUBLICATIONS

BOOKS & COURSE READERS

- Eddy, M. (in press) *Being Movement: Historical Roots and Future Trends of Somatic Dance*. Bristol, UK: Intellect Press.
- Eddy, M. (in press) *Somatic Awareness & Dance: Applying BodyMind Concepts through the LifeSpan*. Champagne, IL: Human Kinetics.
- Eddy, M., Weber, R., & Williamson, A. (2014). Chapter in *Somatic dance and spirituality*. Bristol, UK: Intellect Press.
- Eddy, M. (2010). The role of the arts in healing trauma in communities. (Eds) Etheridge, P, Miller, G, & Morgan, KT. *Exploring Body-Mind Centering*. North Atlantic Books: Berkeley, CA.
- Eddy, M. (2010). Dance and Violence Prevention. In L. Y. Overby & B. Lepczyk (Eds), *Dance: Current Selected Research, Volume 7*. New York: AMS Press.
- Eddy, M. (2008). *Laban Movement Analysis course reader*. New York: Barnard College.
- Eddy, M. (Ed.) (2005). *Perceptual-motor development: Experiential perspectives from Bartenieff Fundamentals, Body-Mind Centering and other somatic disciplines* (3rd ed). North Chelmsford, MA: Anthology Pro/Xanadu Press.
- Eddy, M. (Ed.) (2001). *Conflict resolution through dance & movement*. North Chelmsford, MA: Anthology Pro/Xanadu Press.
- Eddy, M. (1998). *The role of physical activity in educational violence prevention programs for youth*. Ann Arbor, MI: UMI Press.
- Eddy, M. (1992). Body-mind dancing. In S. Loman, & R. Brandt (Eds.), *The body-mind connection in Human Movement Analysis* (pp. 203–227). Keene, NH: Antioch New England University Press.

CD/DVD

- Eddy, M. & Suggs, J. (2104). *Viva! Movimiento Para La Vida*. Ejercicios y Bailando Para Sobrevientes de Cancer de Seno. New York: www.MovingForLife.org
- Albert, J., Eddy M., & Suggs, J. (2013). *Dance to Recovery/Moving for Life DanceExercise for Health*® [DVD]. New York: www.MovingForLife.org
- Chiate, B., Eddy, M., & Suggs, J (2011). *EyeOpeners DVD*. New York: www.EyesOpenMinds
- Eddy, M. (Ed.) (1990). *Laban Movement Analysis compendium of terminology*. New York: Laban/Bartenieff Institute of Movement Studies (LIMS) Publication.

REFEREED PUBLICATIONS

- Eddy, M. (2010). The role of the arts in community building. *Currents*. Northampton, MA: Body-Mind Centering Association.
- Eddy, M. (2009). A brief history of somatic practices and dance: historical development of the field of somatic education and its relationship to dance. *Journal of Dance and Somatic Practices*, 1(1), 5–27.
- Eddy, M. (2006). The practical application of Body-Mind Centering® (BMC) in dance pedagogy. *Journal of Dance Education*, 6(3) 86–91.
- Eddy, M. (2002). Somatic practices and dance: Global influences. *Dance Research Journal*, 34(2) 46–62.

- Eddy, M. (1995). Holistic approaches to dance injury assessment and intervention. *Impulse: The Journal of Dance Science, Medicine and Education*, 3(4) 270–279.
- Eddy, M., & Becker, S. (1993). The effect of Bartenieff Fundamentals on range of motion of the ilio-femoral joint for fancers. *Research Quarterly for Exercise and Sport*, 64, March Supplement, A-22.
- Eddy, M. (1993). The use of Kestenbergs movement profile in gender analysis. *Movement Studies: Cultural Diversity*, 1, 5.

INVITED ARTICLES

- Eddy, M., & Calamoneri, T. (2006). Combing the pathways of dance and the body, Book review. *Dance Chronicle* Book Review: Dancing Identities by Sondra Fraleigh, Ph.D. Volume 29, Number 2, 2006.
- Eddy, M. (2002). Dance and somatic inquiry in studios and community dance education. *Journal of Dance Education*, 2(4), 119–127.
- Eddy, M. (1997). Another way of looking. *Performance Journal*, 14, 22.

MOTOR DEVELOPMENT & PEDAGOGY ARTICLES

- Eddy, M., & Lyons, S. (2008). Somatic movement therapy. Self-published. NY.
www.WellnessCKE.net The Center for Kinesthetic Education.
- Cantell, M., McGehee, D., & Eddy, M. (2004, October). The usefulness of qualitative observation in complementing to standardized motor assessments in children with developmental delays. American Dance Therapy Association, 39th Annual Conference, New Orleans.
- Eddy, M. (2000). Developing a perceptual motor screen for quantitative and qualitative assessment. *Currents*. Northampton, MA: BMCA.
- Eddy, M. (1992). The physiological underpinnings of effort. *Movement News*, 17. NY:LIMS.
- Eddy, M. (1992). Overview of the science and somatics of dance. *Kinesiology and Medicine for Dance*, 14(1), 20–28.
- Eddy, M. (1992). The science and somatics of dance: Report from NDA Conference. Part Two. *The Dance: Dance Network News*, 2, 12, 18.
- Eddy, M. (1991) Past beginnings: Bartenieff Fundamentals and perceptual-motor theory. *Movement News*, 16, 12–15. NY: LIMS.
- Eddy, M. (1991). The science and somatics of dance: Report from NDA Conference Part One. *The Dance: Dance Network New*, Winter.
- Eddy, M., & Martin, L. (1986). Designing fitness programs. *Movement Studies: Sports and Fitness*, 2, 5–6.
- Eddy, M., & Whitacre, J. (1984). The uses of Bartenieff Fundamentals of Movement. Conference Proceeding: LMA Conference at Rutgers. NY: LIMS.
- Eddy, M. (1984). Children, vision and movement. *Contact Quarterly Movement Journal*, 2, 48–49.

ADDITIONAL PUBLICATIONS

Journal Articles

- Eddy, M. (2007). A Balanced Brain. *SPINS Newszine*, 3 (1), 7–8. Bronx, NY: Student-Parent Information Network.

- Eddy, M. (2006). Spirituality at school. *Somatics Magazine-Journal Of The Bodily Arts and Sciences*, Spring.
- Eddy, M. (2004). Body cues in violence prevention. *Movement News*, LIMS.
- Eddy, M. (2000). Movement activities for conflict resolution. *The Fourth R*, 92, 13–14, 15–16. Washington DC: CREnet.
- Eddy, M. (2000). Access to somatic theory and applications: Socio-political concerns. *Proceedings of the International Conference: Dancing in the Millennium*, 144–148. Washington DC.

Editorial Review Boards

- 2009–2014 *Currents: The Journal of the Body-Mind Centering© Association*.
- 2006–2014 *Body, Movement and Dance in Psychotherapy, An International Journal for Theory, Research and Practice*. (International Advisory Panelist).
- 1988 -1990 ALMA NEWS. M. Eddy & Palmore, J. (1988) *ALMA NEWS*. NY: LIMS. 8.

AWARDS

- 2011 “Top 5 Publications” Assessed Amongst All Journals of *Intellect Press* RE: Eddy, M. (2009). A brief history of somatic practices and dance: Historical development of the field of somatic education and its relationship to dance. *Journal of Dance and Somatic Practices*, 1(1), 5–27.

CITATIONS/FEATURES (Regarding Eddy’s Educational and Wellness Work)

www.DynamicEmbodiment.org and www.WellnessCKE.net

- Sims, C. (2014) *Dance Teacher – in press*: Feature article about Martha Eddy & Moving For Life.
- McCormick, B. (2011). Banishing Bully. NY: *Dance Teacher Life*
- Wozny, N. (2010). Taking Somatics off the Mat. *Dance Teacher Now*. Features Eddy’s Body Mind Dancing© March 2010.
- Fortin, J. (2009). *Moving on*. CNN Television special on Eddy’s Moving On Aerobics (MOA).
- Barragan, R. (2009). El eterno aprendizaje del soma: Análisis de la educación somática y la comunicación del movimiento en la danza
- Bernfield, R. (2009). News Year’s Day feature: Breast cancer and exercise. *WowOwow.com*. Features Movement for Life and includes video of MOA.
- Price, D. (2008). Moving bodies, changing lives. *Women and Cancer magazine*. Features Moving On Aerobics. On www.wellnessCKE.net site
- Weintraub, P. (2007). The breast cancer workout. *MAMM magazine*. May 2007.
- Drexel, K. (2006). “Cancer Survivors Moving On.” *New York 1 TV*.
- Wozny, N. (2006). Minding the body: Somatic dance. *Dance Magazine*, July, 2006.
- Sheera M. (2005). Minding the Body: On visualization. *Dance Magazine*, November.
- Bruser, M. (1997) *The art of practicing*. New York: Bell Tower Publishers. Interviews on Somatic Disciplines.
- Fitt, S. (1996) *Dance Kinesiology* (2nd Ed.). New York: Schirmer Books. Special Notes.
- Fortin, S. & Siedentop, D. (1995). The interplay of knowledge and practice in dance teaching: What we can learn from a non-traditional dance teacher. *Dance Research Journal* 27(2).

- Discusses Fortin's doctoral research on Eddy's BodyMind Dancing method of Dance Education.
- Greenspan, S. (2004). Review of Eddy's conflict resolution through Movement and dance. *Association of Conflict Resolution Journal*.
- LIMSONLINE WebPage. *CMA of the Month (Summer 2000)*
- Shapiro, S. (1998). *Dance, power and difference: Critical and feminist perspectives on dance education*. Champaign, IL: Human Kinetics.
- Inside San Diego TV*(1992). Walktalk on TV. (13 minutes).
- New York Woman Magazine*. (1990). Your body, her job. *New York Woman Magazine*, 8, 93.

GRAND ROUNDS

- 2008 Balanced Exercise Reduces Falls. **Interfaith Medical Center**. Brooklyn, NY.
- 2001 Interactive cases: Acupuncture, movement therapy, herbal medicine, and allopathy. Riverside Church Wellness Center

SCHOLARLY AND PROFESSIONAL PRESENTATIONS

INTERNATIONAL

Keynote Addresses

- 2008 Laban Encuentro – 50th Anniversary. *The History and Application of Bartenieff Fundamentals in Dance Today*. National Center for the Arts. National School of Dance. Mexico City.
- Jose Limon Centennial International Dance Celebration. *Why are we ready for Somatic Education in Dance Now?* CENIDI Mexico City. Mexico.
- 2006 Body-Mind Centering® and Children Conference. *The Experience of Movement from a Developmental Perspective: the Child, the Parent, the Professional*. Tuscania, Italy
- 2004 International Dance Festival. TaiPei Joint conference of World Dance Alliance, Congress on Research in Dance, and International Congress of Kinetography Laban. *The Healing Power of Somatic Education*.
- 1996 L'Festival Science and Somatics of Dance. *Applying Perceptual-Motor Development Theories*. University of Montreal, Canada.
- 1988 Second International Holistic Vision Symposium. *Motor development and its impact on Visual Perception*. Frankfurt, Germany

Conference Presentations

- 2008 *Laban Movement Analysis in Dance*. National Center for the Arts. National School of Dance. Mexico City
- 2007 *Inauguration of Masters in Somatic Dance and Wellbeing*. University of Central Lancashire, Preston, England. 4-day engagement.
- 2004 *Dance as a Healing Agent: Global influences on Movement Healing Paradigms – The Emergence of the Field of Somatic Movement Education And Therapy*. International Dance Conference, Taiwan.
- 2003 *Applying Laban Movement Analysis in Dance Education Settings*. Encuentro Laban. Rio di Janiero, Brazil.
- 1992 Movement Education for the 21st Century – *Body-Mind Dancing[™]* St. Catherines, ON.

NATIONAL

Keynote addresses

- 2013 Overview of Somatics and Dance. Somatics and Dance conference. June. Brockport
 2001 *The Role of the Arts in Community Building (A Post 9/11 Perspective)*.
 Ohio Art Educators Convention. The Ohio State University.
 1996 *Systematic Assessment of a Person Dancing*. Joint Conference of Laban Movement
 Analysis and the American Dance Therapy Association, Minneapolis, MN.

Conference Presentations

- 2011 The role of neurodevelopmental movement in Early Childhood. With Suzi Tortora.
NDEO, Minn, MI. Oct.
 2009 *BodyMind Dancing*. **National Dance Education Organization**. LaGuardia HS NYC
 Early Childhood and Dance. Co-presented with Suzi Tortora.
Embodied Creativity. Across the Threshold. **Duke University**. North Carolina.
 2008 *When students aren't listening could it be that they just can't hear/feel/see/or sense that
 well?"* **National Dance Education Organization** University Maryland Towson.
Scoliosis: An Inside-Outside Approach – Pre Conference Workshop **BodyMind Expo**.
BodyMind Dancing© Master class.
BodyMind Approach to Awareness in Your Pilates Client
Laban's Space Harmony: Bringing 3-D to Your Work **BodyMind Expo**. Santa Clara, CA
The Role of Somatic Education in Working with Children on the Autistic Spectrum
BodyMind Centering Association Conference, Cornwall, CT.
 2007 *Somatic Fitness*. Pre-conference and conference. BodyMind Expo. Santa Clara, CA.
 2006 *The Role of Movement-related Therapists in Education*. Panel Discussion/Paper.
American Dance Therapy and National Dance Education Organization joint
 conference, Long Beach, CA.
 2004 *Laban's Space Harmony Theory and its Influence on Somatic Systems*. BodyMind
 Centering Conference. Lenox, MA.
 2002 *Laban... History and Application Panel*. NDEO Conference. Providence, RI.
 2001 *Somatic Awareness and Dance in Violence Prevention*. **Dance Education Day**, Ohio
 Dance. Cleveland, Ohio.
 2001 *Dueling Glances and Damaging Gestures: Incorporating Body Awareness In Conflict
 Resolution Sessions and Training*. Coming Together: Community, Connection &
 Conflict. Association for Conflict Resolution, Washington, D.C.
 2001 *Somatic Awareness and Movement Pathways to Violence Prevention in Dance and
 Drama Education*. With Sharon Unrau, Ph.D, NDEO Dance Among the Arts
 Conference, Minn, MN.
 2000 *Access to Somatic Theory and its Application: Socio-Political Concerns*. Dancing in the
 Millenium. Washington DC.
 2001 *Body Cues and Conflict: The role of non-verbal communication in violence prevention*
 AAHPERD National convention Orlando FL.
 1998 *Expanding the Dialogue: Methods for Evaluating Conflict Resolution and Violence
 Prevention Programs in Educational and Recreational Settings inclusive of Qualitative
 and Holistic Paradigms*. Conflict Studies Conference. UMASS-Boston, MA. UMASS-
 Boston.
 1997 *The Use of Physical Activity in Lifeskills and Violence Prevention Education*.
 National Convention AAPHERD, St. Louis, MO.

- 1995 *Movement Communicates: Overview of Dance and Somatic Education approaches to Non-verbal Communication*. Lecture/Workshop; International Somatics Congress: The Living Body, San Francisco, CA.
Somatic based Conflict Resolution for Children. International Somatics Congress: The Living Body, San Francisco, CA.
- 1994 AAHPERD - Research Poster Presentation: *Bartenieff Fundamentals and Ilio-Femoral Flexibility*.
 National Dance Association (NDA) - Science and Somatics of Dance Conference. *Holistic Approaches to Dance Injury Assessment*, University of Utah.
- 1993 National Dance Association (NDA) -- Dance Science and Somatics of Dance Conference. *Introduction to Body-Mind Centering* University of California - Irvine.
- 1991 NDA the Science and Somatics of Dance *Overview of Dance Somatics*. Temple University
- 1990 American College Dance Festival Association *Bartenieff Fundamentals of Movement*; Smith College.

Poster Presentations

- 2004 Cantell, M., McGehee, D., & Eddy, M. The usefulness of qualitative observation in completing standardized motor assessments in children with developmental delays. Poster. American Dance Therapy Association, New Orleans, October 6 – 9.

STATE AND REGIONAL

Keynote Addresses

- 1986 *Health and Holism: Day of Concern* at Brooklyn Friends High School. Keynote Speaker. NYC.

Conference Presentations

- 2013 *Movement Breaks: Changing the Cycles of Exhaustion and Trauma to Caretaking and Community Building*. Humiliation and Human Dignity Symposium, Teachers College, Columbia University. Dec 5 and 6
- 2012 *Movement and Creativity in Anti-Bullying Education*. Opening Lecture of Bullying Prevention Symposium. Teachers College, Oct 9.
Shame and Humiliation in Education/How Emotions Affect Learning. Humiliation and Human Dignity Symposium. Round Table 2. Columbia University Dec 6.
- 2007 *Caressing Zero and Dancing Somatically*. Congress on Research in Dance. Barnard College.
- 2005 *Teaching Violence Prevention through Dance*. State University of NY. Buffalo, NY.
- 2002 *A View of Somatic Movement Disciplines within the Complementary and Alternative Medicine Paradigm*. American Holistic Medicine Association. New York Chapter.
- 2000 *Moving On: Aerobics Exercise for Cancer Survivors*. RESOLVE conference, New York: Mt.Sinai. Medical Center.
- 1999 *Violence Prevention in Schools*. East Harlem Forum on Better Education. NY, NY
- 1998 *Interdisciplinary Approaches to Violence Prevention*. CAHPERD. San Diego, CA.

SPEAKING ENGAGEMENTS/LECTURES (not conference related)

- 2013 Grace Dodge Society Lecture. Teachers College, Columbia University. June 18.

- 2012 *Somatic Movement for People with Diverse Disabilities*. Fort Wayne Dance Collective. Fort Wayne, IN. Nov 9 – 12.
- 2012 *The Socially Conscious Body*. 5 College Lecture. Amherst, Mass. Oct 12- 16.
- 2012 *Beyond Bullying-Making Peace Dances*. Grades 3-5. Collaboration with Hofstra University. Old Beth Page School District, LI. March 3.
- 2010 *Communication, Conflict Resolution and Dance*. Hunter College. April.
- 2009 *Developmental Aspects of Working with Autism and Attention*. Hamburg, Germany
- BodyMind Dancing – Dynamic Embodiment™ Alive in Europe*. Amsterdam, Holland.
- 2008 *Somatic Approaches in Working with Children with Special Needs*. Hamburg, Germany
- Applying Conflict Resoluton through Movement and Dance in Elementary Dance classes*. Hunter College.
- 2007 *Integrating Laban Movement Analysis in Dance Choreography*. Barnard College.
- Dance Applications of Laban’s Axis Scale*. Barnard College.
- Sensori-Motor Concerns for the Early Childhood Educator*. Bank Street College of Education.
- Moving with the Brain In Mind: Overview of Neuro-Developmental Stages*. American Dance Therapy Association. NYU.
- 2006 *Body Awareness and Non-verbal Communication for the Special Learner – Somatic Education in K-12 Settings*, Bank Street College of Education.
- Embodied approaches to teasing and bullying in the classroom*, Early Elementary Teacher Supervision of Diane Tortu, Bank Street College of Education: Lecture/Discussion
- 2005 *Developmental Inroads in Dance*. NYU. April 6, 2005 Guest lecturer for Dance Ed. Dept.
- 2004 *Human Development through the Planes: A somatic perspective*. Pensarecolcorpo/BodyThinking Professional Training. Rocegno Italia
- Developmental and Somatic Inroads to Improving Dancers’ Health and Performance*. University of GA, Athens. March 9 and 11, 2003. Dept. of Dance.
- Research in Somatic Movement Education and Therapy*. White House Commission on Complementary and Alternative Medicine. White Paper.
- 2003 *Inside-Outside; A Developmental Journey Based on Body-Mind Centering*. University of Calgary. December 4 and 5.
- Movement Analysis in Social and Cultural Studies*. Wesleyan University. Nov.
- 2002 *Enhancing the Teaching and Learning of Dance with Technology*. New York City, Community School District 25. March 12, 2002.
- 2001 *The Role of Dance in Violence Prevention*. New York University Graduate Dance Education Seminar. November 24, 2001. SEHNAP.
- 2001 *Violence and Prevention*. New York University Dance Education. October 3 & 24.
- Somatic Education – American of Holistic Medicine Association*, Riverside Church
- 2000 *Dance Research Methods: Integrating Movement Observation*. NYU
- 2000 *The Role of Dance and Art Education in Violence Prevention for Youth*. Teachers College. Art Education Seminar of Dr. Judith Burton.
- 1999 *Research Methods in Dance: The Role of Movement Analysis in Dance Research*. Teachers College National Dance Week, Public Forum.
- Bringing Dance Alive within Physical Education*. Westchester County Physical Educators Staff Development.
- 1998 *Introduction to Somatic Movement Therapy Training*. International Somatic Movement Therapy Association. Toronto, Ont. November 14 and 15, 1998.
- 1998 *Laban/Bartenieff Thinking: Observing Human Movement. Taking the Cure; The German Roots of Holistic Healing*. Goethe Institute, San Fransisco, CA. June 20,1998.
- 1998 *Violence Prevention within Physical Education Programs*. Hofstra University

- 1997 Applications of Laban Movement Analysis to Architecture. California College of Arts and Crafts, Department of Architecture, Design Studio.
- 1996 “Conflict Resolution with Kids” – for Law Enforcement Officers – California Police Activities League 16th Annual Training Seminar. Monterey, CA.
- 1995 Laban Movement Analysis as a Tool for Movement Research; San Francisco State University. Lecture to Kinesiology majors.
- 1994 Learning Bartenieff Fundamentals through Reflex Theory: University of Utah
Developmental Observations in Elementary Dance Education: Teachers College
Designing for the Near Environment: UC Berkeley School of Architecture
Dance Expression and Conflict Resolution: Sacred Heart School, 5th Graders
- 1993 Professions in Dance: Awakenings: Workshop for the 2nd and 3rd graders, E. Burke School for Girls: Challenge Day
Injury Prevention in Dance: A Somatic Approach – Cross-faculty seminars for the dance departments of the Theatre School Dance, Amsterdam.
The Dancer's Health Symposium Panel Discussion. LIMS, NY.
- 1992 Movement and Pain Relief: Blue Cross/Blue Shield Adult Education Series. NYC.
The Role of Dance in Physical Education: Department of Physical Education and Curriculum Development, Teachers College
The Physiological Underpinnings of Effort: University of New Mexico.
The Developmental Roots of Bartenieff Fundamentals: LIMS, NY.
Vision and Movement: LIMS.
- 1987 *Exercise, Stress and Teenage Pregnancy*; March of Dimes Conference, NYC High School Educators.
- 1984 *Update on Women's Health and Fitness Issues*. Women's Day Conference Queens College.

SCHOLARLY SERVICE

- 2011 Dance Education Frameworks. Founder and Co-leader of NDEO Objective. National
- 2010 Research Forum Chair: Early Childhood for the National Dance Education Organization.
- 2010 Conditioning and Somatics for Dancers RoundTable Leader. IADMS.
- 2008 State of New Jersey Arts Council & Board of Education. Creation of Assessments.
Consulting on the role of Somatic Education in working with Children on the Autistic Spectrum and other Special Needs – The Rebecca School, NY, NY.
- 2005 Role of Movement in Assessment and Treatment of Children with Attention Deficit Issues Consulting. All Kinds of Minds Student Success Program/Dr. Paul Yellin. NYC.
- 2005 Review of Standards for Dance in Early Childhood Arts Education. Member of Task Force. National Dance Education Organization.
- 2003 Tenure Review. Faculty Member. Department of Dance, University of Calgary.
- 2002 Promotional Review. Faculty Member. Kinesiology Dept. University of Calgary.

Manuscript Review

Books

- Cranz, G. (1998). *The chair: Rethinking culture, the bBody and design*. NY: Norton Press.
- Hackney, P. (1997). *Making connections: Bartenieff Fundamentals of Movement*. Princeton, NJ: Princeton Books.

Blind Reviews

- 2012 Various University presses.

- 2011 *Journal of Dance Movement and the Body in Psychotherapy.*
 2009 *International Association of Dance Science and Medicine.*
 Congress On Research In Dance (CORD) submission for *Dance Research Journal.*
 2008–09 *Journal of Dance Science and Medicine.*
 1994–96 *Dance Research Journal.* Brockport, NY: Congress on Research in Dance.
 1992–94 *Kinesiology and Medicine for Dance.*

RESEARCH

- 2012-2014 Co-investigator (Granted). Dr. Freya Schnabel. The role of exercise in cancer recovery as a motivator for lifestyle change. New York University Langone Medical Center. Poster presented at the American Society of Clinical Oncologists September 2013 conference.
- 2007 Principal co-investigator. (Funds denied). NIH grant. Quantitative/controlled study of the effectiveness of dance intervention in preventing obesity/diabetes. St Barnabas Hospital. Bronx, NY.
- 2003–05 Research Associate. Movement quality in children with developmental delays: Movement observation as a complementary tool in assessment and intervention. (Funded/Presented/Published.) Marja Cantell, PhD, Alberta Children’s Hospital and Department of Pediatrics, University of Calgary; Darcy McGehee, MFA, Program of Dance, Faculty of Arts, University of Calgary.
- 2003– Research Advisor. Center For Movement Education & Research, Los Angeles, CA.
 2001– Senior Research Associate. Laban/Bartenieff Institute of Movement Studies.
 2000 Principal Investigator. Komen Foundation. (Superior Rating; Alternate Status) Aerobic Dance Exercise As A Safe And Effective Adjunctive Tool In The Emotional And Physical Recovery of the Breast Cancer Survivor. Riverside Church Wellness Center and Rosenthal Center for Complementary Medicine. (Pilot research presented.)
- 1997-98 Research Associate. San Francisco State Department of Kinesiology. SF. CA.
 1996 Guggenheim Dissertation Grant: qualitative multi-case analysis of performing arts and movement-based pedagogy in field of violence prevention in educational settings (not funded).
- 1995 TIDES Foundation Grant: Investigation into the Feasibility of Polygraphic Recordings for the Detection of Neuro-developmental movement patterns. In conjunction with Dr. Christine Kris of Harvard-MIND (Multi-disciplinary Institute of Neuropsychological Development) (Funded/Findings published).
- 1993 The Effect of Bartenieff Fundamentals on Range of Motion of the Ilio-femoral Joint for Dancers. With Svea Becker, Professor of Dance Wayne State University (Findings presented).

Selected Accomplishments at Moving On Center/CKE

- On-going Professional Development in Pre-schools, Independent and Public Schools:**
 Curricular guidelines for including movement and dance throughout the school-day; including kinesthetic learners in classrooms, gyms, dance studios, and playgrounds.

- Educational Consulting in NYC Public Schools.** Peaceful Play Programming. Public Elementary Schools. Recess Enhancement. Conflict resolution through movement and dance; Movement Therapy and ADHD. District 75 Arts Services for Children with Disabilities; Fitness & Creative Arts days for Families.
- 2013- 14** **Pono School.** NeuroMotor Assessment of Pre-School children, Professional Development with Faculty to Guide Educational Strategies for each Child. NY.
- 2010–12** **BalletMet** NeuroMotor Professional Development for Pre-school Educators at HeadStart in Columbus Ohio.
- 2011** **EyeOpeners DVD and workshops.** PS 112 in East Harlem.
Professional Development for Hofstra University and Unified School District. BodyTalk for Dance and PE Educators – Better Communication Amongst Kids.
- 2010** **Language Acquisition and Development through Movement** – Bank Street College of Education Series for NYC Educators.
 Meet the Health Mandate: **Integrating Movement in the Classroom.** CUNY symposium: In Defense of Childhood: Play and Active Learning in Urban Schools.
- 2008–09** Consultant on Blueprint for Dance Education for **Children with Disabilities/Special Needs Learners** with the NYC Board of Education.
- 2007–09** **Professional Development/School-wide:** two-year contract with Manhattan Country School. Applying the Dancers Mind in the Classroom: Shaping kinesthetic inroads to learning and developing inclusion strategies for diverse learning styles in preK – eighth grade children.
Professional Development for Dance Educators, NYC Department of Education, and Understanding by Design (Topic: Pedagogical Methods of Grant Wiggins).
- 2006** **NYC Department of Education,** part of consultant team that wrote the NYC Department of Education *Dance Blueprint:* K-12 curricular guidelines based on National, NYS and NYC standards and benchmarks. Continued professional development to support implementation.
- 2005** **Food Bank of New York.** Primary Curricular Designer/Author for Café SHAKE Fitness and Dance Curricula: Five manuals developed for different grade levels (ages 2–21)
NeuroDevelopmental Movement for Actors: ENACT. Director Diana Feldman.
Professional Development for Physical Therapists and Occupational Therapists, NYC Department of Education, Summer Institute; Applying NeuroDevelopmental Movement Concepts in the Classroom
- On-going Direct Services with Children:** five-year contract with NYC Dept Of Education for providing Dance Education in four areas: choreographic processes, dance-integrated math, performing peace/bullying prevention, somatic dancing for the brain & stress reduction.
Community Building for students, paraprofessionals, educators, administrators.
- Private Practice in Somatic Movement Therapy** with children and youth with Attention Deficit, Autism, Cerbral Palsy, Dyslexia, Sensory Integration, and Sensory-motor challenges. Performance Enhancement.

PROFESSIONAL SERVICES

EDUCATIONAL

Educational and Community Programs/Professional Development

- 2014 **Emblem Health Neighborhood Care – Harlem Office** Development of Exercise Programs Partners with Harlem Health Promotion Center/GET HEALTHY HARLEM
- 2010 **Continuum Cancer Care** Yoga for Cancer Survivors
- 2007 **SAFE exercise programs of Columbia Presbyterian Allen Pavilion.** Consultant providing input on specialized exercise protocols to diminish falls. Facilitator of Wellness Groups.
- 2004 **Fitness Programs at JCC of Manhattan/Comprehensive Breast Center of Roosevelt/St.Lukes Hospital:** Moving On from Cancer™ a Moving for Life Aerobic Dance-Exercise Program for Cancer Survivors using a Somatic Education approach.
- 2001 **Senior Project Advisor/Workshop Facilitator:** Project Renewal/Project Inner Resiliency directed by Linda Lantieri. Leading dance, gentle movement, somatic education, & stress reduction workshops as well as retreats for NYC DOE principals, social workers and teachers impacted by 9/11.
- 1999 **The Bridge For Dance** Community Dance classes: Creative dance-making for pre-teens; BodyMind Dancing® for adults.
- 1999- **Dance Education Laboratory** Faculty Harkness Dance Center 92nd St. Y
- 1999-1 **Creative Arts Laboratory,** Teachers College: Staff development in increasing arts literacy through the use of dance.
- 1992-4 **Educators for Social Responsibility National** Provide staff development in conflict resolution for teachers and youth workers across the country; specializing in movement interventions.
- 1981 **Massachusetts Migrant Education** Chicopee, MA
Director; Bilingual Creative Movement Program for 150 preK – 6 grade children.
- 1980 **Youth Employment Services (CETA)** Northampton, MA
Dance Training Coordinator: exposing high school students to diverse professions in dance.
- 1976-9 **Catalyst** Dance/Movement for High School Students; Psychiatric Team.
Hampshire County Daycare Creative Movement Education for Pre-Schoolers

HEALTH AND EDUCATIONAL ADMINISTRATION

- 1999- **Director,** Moving for Life DanceExercise for Health® New York, NY
- 2001–2003 **Coordinator of The Riverside Church Wellness Center** – New York, NY
Overseeing diverse programming in wellness and the creative arts.
- 1993 **Director of Moving on Center: School for Participatory Arts and Research** – Oakland, CA. Somatic Studies & NY programs. Curricular development in performing arts & somatic movement therapy; supervises curriculum; assists in marketing decisions, initiates fundraising, & grantwriting; advise student research.
- 1991–93 **President/Executive Director: Laban/Bartenieff Institute of Movement Studies (LIMS), NY**
Oversaw programming, fiscal and personnel management, clarified and implemented mission, completed all phases for 10 year review/evaluation by the National Schools of Dance accreditation, coordinated board and membership development, fundraising and grantwriting and communication.

- 1982-84 **Coordinator: Chelsea Women's Health Team, NY**
Directed a 15 person women's health organization: healthcare, education and family planning on-site and in community prison and agencies.
- 1980-83 **Founder/Director/Educator: Studio 51, Northampton, MA**
Creative arts center offering classes in yoga, exercise, and dance

DANCE PERFORMANCE (partial list)

Eddy's CHOREOGRAPHY

- 2014 "This Old House" Laban Institute/Wall Street. April 2014.
- 2013 "This Old House" Somatics and Dance Conference. SUNY Brockport June 2013
- 2013 "Global Water Dances 2013." NYS Curator. Hudson River choreographer.
- 2012 "This Old House" (Solo 10 minutes). "Mosaic" Dixon Place, NYC. Nov.
- 2012 "Meditating Moments" (Solo 8 minutes). Garrison Institute. Garrison, NY
- 2011 "Global Water Dances" 54 sites worldwide. Co-choreographer. LIMS/MOC.
- 2010 "This Old House" (Solo 10 minutes). Seattle Festival of Dance Improv.
- 2007 "This Old House: Only 50" (Solo: 11 minutes). Ballet Hispanico.
- 2006 "Hey You, Drop the Gun." Solo (6 minutes). Orator: Lindamichele Baron.
- 1997 "Just one more minute of my own" (10 minutes) site specific. Mt. Madonna.
- 1996 "I'm Ten Months Pregnant" solo with readings by Director Jim Cadena.
- 1995 "ShadowRain" duet with singing. Outfall Dance Festival.
- 1992 "Afterfacts" solo (12 minutes) original score by Joe Tornabene. Bates College.
- 1991 "Mourning Light" 6 dancers (12 minutes) Hope College.
- 1991 "Stickspeak" solo (4 minutes) live/original music by Jefferson Dalby.
- 1991 "Entitled" 8 dancers (7 minutes) White Mountain Summer Dance Festival.
- 1991 "Clips and Weave" solo (20 minutes) Bates Summer Dance Festival.
- 1991 "For God and Dragons" 6-9 dancers (5.5 minutes) Simon's Rock Winter Dance Festival, Hampshire College, White Mountain Summer Dance Festival.
- 1990 "Telenight Teleday" 9 dancers (14 minutes) Hartford Camerata Conservatory.
- 1989 "Re-Memberin'" solo (50 minutes) Tanz Fabrik, Berlin; White Mountain Dance Festival; Middlebury, Amherst and Hope Colleges; Dalton High School, NYC.
- 1987 "Playing Apart" solo (5 minutes) Alverno College Summer Dance Festival.
- 1979 "Combined Efforts" full evening performance of solo and group choreography. Including: "Womanbody Dialogues" (6 women), "Waiting" and "Martha Dancin'." Hampshire College.

COMPANY WORK

- 1988 **Laura Glenn Dance Company.** Rutgers University.
- 1984 **Bread and Puppet Theatre.** Judson Memorial Church and venues in Vermont.
- 1981 **Sharna Allison & Company.** "Circling the Square," Cunningham Studio.
- 1980 **David Woodberry Dance Co.** Cooper Hewitt Museum, NYC; Amherst Commons.
- 1975-78 **Five College Moving Company.** Lonny J. Gordon, Daniel Lewis, Susan Waltner, Tara McClellan (Cunningham Studio, Springfield Symphony Hall, 5 College Theaters).

- 1972-74 **Laura Foreman Dance Ensemble.** MOMA Sculpture Garden, Bryant Park, Times Square, New School for Social Research.NYC.
- 1969-72 **Performing Workshop: 92nd Street Y. Choreographed works by Rod Rodgers, Fred Burk, Holly Cavrelle, Andora Hodgins** among others as well as each of us in the company. Kaufman Concert Hall, NYC public schools, libraries, and diverse NYC venues.

COLLABORATIONS

- 2013 **One Billion Rising:** Stand Up against Violence against Women. Facilitator for Senior Citizens. Senior Planet NYC. VDay Feb 14, 2013.
- 2010 - **Global Water Dances:** Co-Choreographer/Steering Committee and NY coordinator & rehearsal director for 6/25/2011 & 6/15/2013 performance.
- 2010 **Seattle Festival of Dance Improv. "Faculty Piece."** Seattle, Washington
- 2009 **Global Water Dances & Movement Choirs. The Ins and Outs of Water.** NYC
- 2008 **Master of Ceremonies: Somatic Dances.** ISMETA Conference Performance. NYC
- 2002 **Open Arts: Healing Dance.** Biennial Saturday Evening Performances. Inner Resilience Program. StonyPoint, NY.
- 1995 **Outfall Faculty Improvs: SongDances & Car Stories.** Mt Madonna, CA.
- 1991 "The Meeting" duet with **Jawole Willa Jo Zollar** Urban Bush Women/live music: **Peter Jones, Evan Harlan, Clarke Steifel** Bates Summer Dance Festival.
- 1990 "An Evening of Dance and Vision" with **Lisa Nelson**, Amherst College.
- 1984 "Wrap-up," solo performance with live music of original medley by guitarist **Linda Worster**, New Marlboro, MA.
- 1979 "Workers Dream," with sculptor/artists **Andrew Lowey** and **Stephen Auger.**
- 1978 "Chiaroscuro," Videodance with video wall artist **Brian Mattlin.** A solo dance becomes a trio.
- 1977 Overall Moving Company - collectively structured improvisation with **Ros Everdell, Heidi Wall, Betsy Pendry, Elizabeth Frumin, and Stephen Petronio.**

ADVISORY COUNCIL SERVICE

- 2010 Micah Institute for Social Justice. New York Theological Seminary
- 2006 - Get Healthy Harlem! Harlem Health Promotion Center
- 2004 - The Yard: Choreographer's Residence (Trustee) www.dancetheyard.org.
- 2003 - Tri-State School of Acupuncture. (Educational Advisor).
- 2003- Center for Movement Education and Research. www.movement-education.org.
- 1999 - Laban/Bartenieff Institute of Movement Studies (LIMS) www.limsonline.org.
- 1991 - White Mountain Summer Dance Festival (Member) www.dancebase.com.

PROFESSIONAL ASSOCIATIONS & AFFILIATIONS

American Alliance of Health, Physical Education, Recreation and Dance (AAHPERD)
Association of Bodywork and Massage Professionals

Associaton of Body Conscious Design (ABCD) (Founding member)
Association of Conflict Resolution (ACR)
Association of Laban Movement Analysts (ALMA, Past Vice-President)
Body-Mind Centering Association (BMCA) (Founding Member; Editorial Review Board)
Congress on Research in Dance (Past Board member, Elections Committee Chair)
Developmental Delay Resources (Professional member)
International Association for Dance Medicine and Science (IADMS) (Charter Member)
International Somatic Movement Education and Therapy Association (ISMETA) (Past-President;
Director of Approved Training program)
Laban/Bartenieff Institute of Movement Studies (LIMS) (Past President; Advisory Council)
National Dance Association (NDA)
National Dance Education Organization (NDEO) (past Board Member-at-Large; Charter
Member, Standards Committee, Somatic Education Advisor; Dance Frameworks co-chair)
The Yard-Dance Residency (Current Trustee; former Executive Committee member)

www.GlobalWaterDances.org www.DynamicEmbodiment.org www.WellnessCKE.net www.MovingForLlfe.org

REFERENCES AVAILABLE UPON REQUEST