

Bullying and Cliques Resources for Parents and Kids

By Sharon Heede for the Manhattan School for Children Caring Community

Books

Best Friends, Worst Enemies: Understanding the Social Lives of Children by Michael Thompson, Ph.D., and Catherine O'Neill Grace, with Lawrence J. Cohen, Ph.D. (Ballantine Books)

Mom, They're Teasing Me: Helping Your Child Solve Social Problems by Michael Thompson, Ph.D., and Lawrence J. Cohen, Ph.D., with Catherine O'Neill Grace (Ballantine Books)

Queen Bees and Wannabes: Helping Your Daughter Survive Cliques, Gossip, Boyfriends, and Other Realities of Adolescence, by Rosalind Wiseman

The Tween Years: A Parent's Guide for Surviving Those Terrific, Turbulent, and Trying Times Between Childhood and Adolescence Donna G. Corwin (Contemporary Books)

And Words Can Hurt Forever: How To Protect Adolescents from Bullying, Harassment, and Emotional Violence; Garbarino, James, Ph.D., and deLara, Ellen, Ph.D., (The Free Press)

Ages 4-8

Wilson Sat Alone, by Debra Hess, Diane Greenseid (Simon & Schuster)

The Blushful Hippopotamus, by Chris Raschk (Orchard Books)

Orlando's Little White Friends, by Audrey Wood (Childs Play Intl Ltd).

Ages 9-12

The Shy One by Dorothy Nathan (Random Library)

How To Be A Friend: How Kids Make Friends : Secrets for Making Lots of Friends, No Matter How Shy You Are, by Lonny Michelle, Teresa McHugh (Illustrator)

Don't Laugh at Me by Steve Seskin and Allen Shamblin; illustrations by Glin Dibley (Ten Speed Press)

Mean Chicks, Cliques, and Dirty Tricks: A Real Girl's Guide to Getting Through the Day with Smarts and Style, by Erika V. Shearin Karres

Time to Tell 'Em Off! A Pocket Guide to Overcoming Peer Ridicule by Deanna Miller (Booklocker.com, Inc.)

Odd Girl Speaks Out: Girls Write about Bullies, Cliques, Popularity, and Jealousy by Rachel Simmons

Ally's World; Crushes, Cliques, And The Cool School Trip by Karen McCombie (Scholastic)

Girl Wars : 12 Strategies That Will End Female Bullying by Cheryl Dellasega, Charisse Nixon

Cliques: 8 Steps to Help Your Child Survive the Social Jungle; Giannetti, Charlene C., and Sagarese, Margare (Broadway Books)

On the web

<http://empowered.org>

www.freep.com (Detroit Free Press)

<http://parents.berkeley.edu/advice>

www.screenit.com (exhaustively researched entertainment reviews for parents)

www.Parenthood.com

<http://www.familyeducation.com/whatworks>

www.parentspress.com

www.Shykids.com

www.4kids.org